

INSTRUCTIONS: Imagine you had an emotional or personal issue that you could not solve on your own. If you sought counseling services for this issue, to what degree do you believe that the people you interact with would _____.

1 = Not at all 2 = A little 3 = Some 4 = A lot 5 = A great deal

1. React negatively to you
2. Think bad things of you
3. See you as seriously disturbed
4. Think of you in a less favorable way
5. Think you posed a risk to others

Scoring: add items 1-5.